Cooking Pot



Always install cooking pot before adding accessories or ingredients.

Assembling the Cook & Crisp™ Basket



1. Place diffuser on a flat surface.



2. Place basket on diffuser.



3. Press down firmly.

Using the Reversible Rack



Reversible rack - Higher position Grill chicken, steak, fish and more.



Reversible rack - lower position
Steam vegetables or use it to elevate baking tins for even air flow.

Helpful Hints

When following a recipe, **ALWAYS** use the exact amount of liquid, even when scaling down proteins or vegetables. Refer to the Recipe Guide for exact liquid measurements for beans, grains, starches and more.



When using Combi-Steam mode functions, always add liquid to the pot.



Any liquid can be used for pressure cooking.

Use broths or sauces instead of water to infuse additional flavour.

Always use a minimum of 250ml of liquid. Depending on your recipe, you may need up to 700ml.



To convert oven recipes, use the Bake function and reduce the cook temperature by 10°C.



When switching from pressure cooking to crisping

after pressure cooking, empty the pot of any remaining liquid for best crisping results.

Pressure cooking tips



If the unit is not coming to pressure, check that the silicone ring is fully installed by pressing it into place all around the metal ring rack. Make sure the ring is completely clean and undamaged.



The time to build pressure will vary based on selected pressure, temp of the pot and temp and quantity of the ingredients (up to 20 minutes or more). Frozen and/or large amounts of ingredients will increase the time to pressure significantly (45 minutes or more).



Natural

Natural release: The unit will naturally depressurise when the cook time ends. The heat will turn off but the food inside will continue to cook with the residual steam. This is used for large or delicate foods and any starchy ingredients.



Quick

Quick release is used for smaller foods or ingredients that are sensitive to overcooking. **DO NOT** quick release pressure when cooking starchy or foamy foods. To quick release, use the dial to select this option.

NOTE: Steam exits from the top of the Pressure Release Valve. **DO NOT** reach over the valve.

NINJA Foodi

11 in 1 SmartLid

Multi-Cooker

Lifting the lid and using the SmartLid Slider...

Move the slider from left to right to unlock 3 modes and 11 cooking functions

Opening & closing the lid

Always use the lift tab to open the lid pointing away from you and to close the lid to keep your hand away from hot steam and convection heat.



NOT A HANDLE.

Opening the lid from the side may result in serious burns.

Pressure Mode

Pressure to lock in juices.

Best for tenderising large meats and cooking soups and stews.



With SmartSlider™ in position 2 or 3, add ingredients.



Move Slider left to position 1 (PRESSURE)

d Lid remains locked

Combi-Steam Mode

Simultaneous steam and convection cooking for faster, juicier, crispy results.

Best for roasts, fresh 8 frozen proteins, root vegetables and





Keep lid closed to allow steam and convection hea to work together. Open lid only if recipe calls for it.

Air Fry & Hob Mode

Convection and hob cooking.

Great for everything else refer to the recipe guide for more info.





For more accessories, visit ninjakitchen.co.uk

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Using the control panel



- (A) SMARTLID SLIDER™: There are 3 positions to the SmartLid Slider™. Each position controls a different set of functions.
 - 1 PRESSURE
 - COMBI-STEAM MODE
 - **3** AIR FRY/HOB
- **B** Left arrows: Use the up and down arrows to the left of the display to adjust the cook temperature or outcome when using the digital cooking probe.
- (c) Right arrows: Use the up and down arrows to the right of the display to adjust the cook time or food type when using the probe.
- **START/STOP button:** Press to start cooking. Pressing this button while the unit is cooking will stop the current function.

- **(E) KEEP WARM:** After pressure cooking, steaming or slow cooking, the unit will automatically switch to KEEP WARM mode and start counting up. KEEP WARM will stay on for 12 hours. You may press the KEEP WARM button or the START/STOP button to turn it of.
- **F Dial:** As soon as the SmartLid Slider™ is in 1 of the 3 available positions, the available functions will illuminate. Use the dial to select one of the available functions.
- **G Dower button:** The power button turns the unit on and off and stops all cooking functions.

Using the Multi-Cooker functions

Pressure Mode

See back page for selecting hands-free steam release. "PrE ---" will display while pressure builds, then the timer

will start counting down.



1. Place ingredients accessory or in the pot. Add liquid according to recipe.



2. Close lid. Move slider when lid is closed.





3. Turn pressure release valve



4. Set temperature (HI or LO) and time. Press START/STOP.



5. "PrE" and progress bars indicate pressure cook time will start counting down.



6. When cooking is complete, unit will beep. Unit will then switch to Keep Warm and count up. Turn valve to VENT for quick release.



7. You may open lid as soon as on the display.



When can I open the lid?

∆ Lid remains locked during cooking.

Combi-Steam Mode

will start counting down for









4. Turn pressure release valve on lid to SEAL or VENT (the position does not matter in this mode).



5. Set temperature and time for convection cooking. Steam temperature and time are auto-detected and don't need to be set.



cooking, timer will start counting down.



cooking will pause when

Air Fry & Hob Mode

Cooking will start when you press START/STOP.



1. Place ingredients on the required accessory or in the pot.



2. Close the lid and move slider to the right (AIR FRY/HOB). Turn dial to select a function.



valve on lid to SEAL or VENT (the position does



Press START/STOP.



Air Frv. Bake or Grill. Close lid to resume.



Lid can be opened at any time to check on food.

NOTE: Cooking will automatically pause

Sear/Sauté



Brown meats. sauté vegetables **Steam**



at a high temperature. Reversible Rack in lower position

Slow Cook



Cook at a lower temperature for longer periods of time.



Make homemade yogurt.



Give foods crispiness and crunch with little to no oil. Cook & Crisp™ Basket Shake basket or toss with

silicone-tipped tongs for even browning.

baked treats and more. Reversible Rack in lower position or Cook & Crisp™ Basket

Prepare oven-tender meats,

Grill

Cook at high heat to caramelise and brown foods. Reversible Rack in higher position

Dehydrate



Dehydrate meats, fruits Reversible Rack with top layer installed