the 2 Tier Reversible Rack

Get the most out of your 2 Tier Reversible Rack



Higher Position Grill chicken, steak, seafood and more.



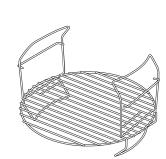
Lower Position Steam vegetables and sides.



Full Assembly Increase capacity to cook up to 8 chicken breasts or salmon

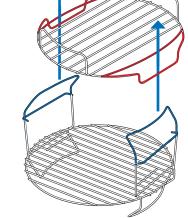
fillets at once.

2 Tier Reversible Rack Assembly



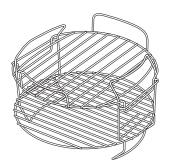
1. Place the Reversible Rack in the pot in the lower position.

Note: For easier cleaning, coat the rack with cooking spray before placing food.



2. Drop top layer through reversible rack handles.

Note: Place ingredients on the lower laver before adding the top layer.



3. Top layer will fit securely into handle slots.

2 Tier Reversible Rack Usage

Create 360 meals by placing proteins on the top layer, sides on the lower layer and grains on the bottom of the pot.

For best results, use the top layer for crisping, lower layer for oven roasting, and bottom of the pot for wetter ingredients.

When air crisping 2 layers, allow 5-15 minutes for the lower layer to crisp before adding the top layer.

Basket Assembly, Hints & Tips

Pressure Cooking Tips



Time to pressure will vary based on quantity and temperature of ingredients, along with selected pressure level, and can take up to



Natural release is used for large or delicate foods and any starchy ingredients.

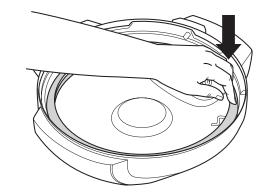


Quick release is used for smaller foods or ingredients that are sensitive to overcooking. **DO NOT** quick release pressure when cooking starchy or foamy foods. To quick release the pressure, turn the Pressure Release Valve to the VENT position and allow pressure to release until the float valve drops

Note: Steam exits from the top of the Pressure Release Valve. **DO NOT** reach over the valve.



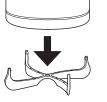
If the unit is not coming to pressure, check that the silicone ring is fully installed by pressing it into place all around the metal ring rack. (See image below.)



Cook & Crisp™ Basket Assembly



1. Place diffuser on a flat surface.



2. Place basket on diffuser.



3. Press down firmly.

Helpful Hints



To convert oven recipes, use the Bake/Roast function and reduce the cook temperature by 5°C.



Any liquid can be used for pressure cooking. Use broths or sauces instead of water to infuse additional flavour. Always use a minimum of 250ml of liquid. Depending on your recipe, you may need up to 750ml.



When switching from the pressure lid to the crisping lid after pressure cooking, empty the pot of any remaining liquid for best crisping results.

Please make sure to read the enclosed Ninja® Foodi® Instructions prior to using your unit.



Let's get cooking & crisping

Why are there 2 lids?

We're glad you asked. The 2-lid design allows you to pressure cook and crisp in the same pot.

Use both lids to unlock a world of delicious, TenderCrisp® meals



Pressure Cook Slow Cook



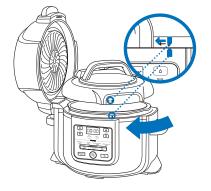
Bake/Roast



First time pressure cooking? Try this water test to practice using pressure.



Add 750ml water to cooking pot.



Install Pressure Lid by aligning the arrows on the lid and base, then turning clockwise until lid clicks into place.

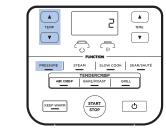


Pressure Lid is locked when it has clicked into place and the Ninja logo is facing you.



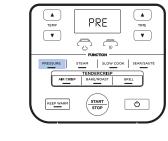
Turn Pressure Release Valve to SEAL.

Note: Valve will be loose when fully installed.

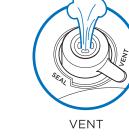


to begin.

Use the START/STOP dial to select PRESSURE. Press TEMP and set to HI. Press TIME and set to 2 minutes. Press START/STOP button



The display showing PRE and some steam release indicate pressure is building. When fully pressurised, countdown will begin.

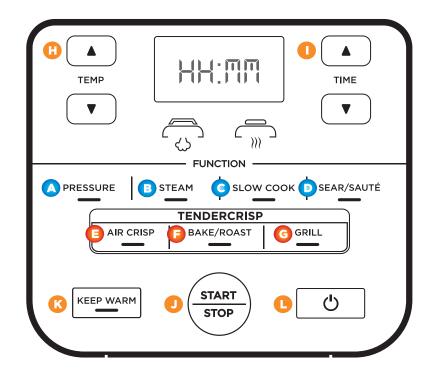


When your Foodi beeps and the display reads DONE, turn valve to VENT for quick release

Note: Valve will be loose when fully installed.

Now, let's get cooking

Using the Control Panel



TENDERISING FUNCTIONS











COOKING FUNCTIONS

- **PRESSURE:** Use to cook food quickly while maintaining tenderness.
- **STEAM:** Use to gently cook delicate foods at a high temperature.
- **SLOW COOK:** Cook your food at a lower temperature for longer periods of time.
- **SEAR/SAUTÉ:** To use the unit as a stovetop for browning meats, sautéing vegetables, simmering sauces and more.
- **AIR CRISP:** Give foods crispiness and crunch with little to no oil.
- **BAKE/ROAST:** Use the unit like an oven for tender meats, baked treats and more.
- **G GRILL:** Use high temperature to caramelise and brown your food.

CRISPING FUNCTIONS







OPERATING BUTTONS

- TEMP: Use the up and down TEMP arrows to adjust the cook temperature and/or pressure level.
- **TIME:** Use the up and down TIME arrows to adjust the cook time.
- **START/STOP button:** After selecting your cooking temperature (or pressure) and cooking time. Press the START/STOP button to begin the cooking process. This can be stopped by pressing the button which the unit is in operation.
- KEEP WARM: After pressure cooking, steaming, or slow cooking, the unit will automatically switch to Keep Warm mode and start counting up. Keep Warm will stay on for 12 hours, or you may press KEEP WARM to turn it off. Keep Warm mode is not intended to warm food from a cold state but to keep it warm at a food-safe temperature.
- **POWER:** The Power button shuts the unit off and stops all cooking modes.



Using the Pressure Lid

PRESSURE BUILDING ACCESSORY VALVE TEMP/PRESSURE PRESSURE/TEMP RELEASE **PRESSURE** Cook foods quickly while maintaining tenderness HH:MM Wait for unit to Turn valve to VENT build pressure. Time for quick release. will begin counting When complete, Lock Pressure HI or LO 1 minute to 4 hours down when the uni unit will switch to Lid and turn is pressurised. KEEP WARM and valve to SEAL count up. **STEAM** Gently cook delicate foods at a high temperature HH:MM Wait for unit to come to temp. When complete, 1 minute to 30 minutes Reversible Rack Lock Pressure Lid No pressure release unit will switch adjustment available in lower position and turn valve to KEEP WARM to VENT and count up. **SLOW COOK** Cook foods at a lower temperature for longer periods of time HH:MM WARM 00:02 04:00 When complete, unit will switch to

SEAR/SAUTÉ Brown meats, sauté vegetables and simmer sauces

Lock Pressure Lid



No lid necessary If using Pressure Lid, turn valve to VENT

LO, LO-MED, MED, MED-HI, or HI

HI or LO

No time adjustment

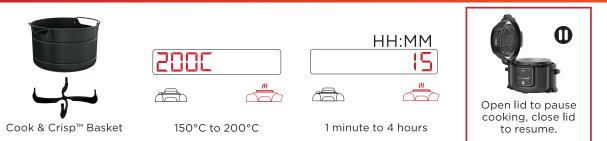
4 hours to 12 hours

KEEP WARM and

No pressure release

Using the Crisping Lid

CHECK FOOD SHAKE/TOSS AIR CRISP Give foods crispiness and crunch with little to no oil



BAKE/ROAST Oven-tender meats, baked treats and more



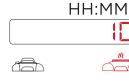
GRILL Cook at high heat to caramelise and brown foods

No temp adjustment

available



2 Tier Reversible Rack in higher position



1 minute to 60 minutes



Shake basket or

toss with silicone

tipped-tongs for

even browning.